

APRIL



Skate
Canada

2023



SUN	MON	TUE	WED	THU	FRI	SAT
Mar 26 Atlantic's WINTER Final Sunday Centennial	27 NO ICE	28 WINTER Final Tuesday Centennial	29	30 NO ICE SEDMA	31 NO ICE SEDMA	01
02 NO ICE SEDMA	03 HRM 4 Pad 4:00-8:30	04 HRM 4 Pad 4:00-8:30 S/G Dance with Yana	05 CENT 5:00-8:00 B/S - Sara G - Jana	06 CENT 4:00-7:00 OPEN - Amanda	07 CENT 4:00-7:00 G/B off ice with Amanda	08
09 NO ICE EASTER SUNDAY	10 NO ICE EASTER MONDAY	11 HRM 4 Pad 4:00-8:30 S/G Dance with Yana	12 CENT 5:00-8:00 B/S - Alyssa G - Jana	13 CENT 4:00-7:00 OPEN - Alyssa	14 CENT 4:00-7:00 G/B off ice with Amanda	15
16 CENT 12:00-7:00 S/G Danielle Poulos - Mental Health	17 HRM 4 Pad 4:00-8:30	18 HRM 4 Pad 4:00-8:30 S/G Dance with Yana	19 CENT 5:00-8:00 B/S - Sara G - Jana	20 CENT 4:00-7:00 OPEN - Amanda	21 CENT 4:00-7:00 G/B off ice with Amanda	22 Skate NS Celebration on Ice - SMB BSC SEMINAR
23 CENT 12:00-7:00 G/S/B Alyssa Jump	24 HRM 4 Pad 4:00-8:30	25 HRM 4 Pad 4:00-8:30 S/G Dance with Yana	26 CENT 5:00-8:00 B/S - Alyssa G - Jana	27 CENT 4:00-7:00 OPEN - Alyssa	28 CENT 4:00-7:00 G/B off ice with Amanda 	29
30 CENT 12:00-7:00 G/S Yoga Leanne B-Jump Alyssa						

MAY



SUN	MON	TUE	WED	THU	FRI	SAT
	01 HRM 4 Pad 4:00-8:30	02 HRM 4 Pad 4:00-8:30 S/G Dance with Yana	03 CENT 5:00-8:00 B/S – Alyssa G – Jana	04 CENT 4:00-7:00 A/T OPEN - Amanda	05 CENT 4:00-7:00 A/T G off ice Amanda	06 HRM 4 Pad 9-4 A/T
07 CENT 12:30-7:30 NOTE: Different times G/S/B Jump Alyssa	08 HRM 4 Pad 4:00-8:30	09 HRM 4 Pad 4:00-8:30 S/G Dance with Yana	10 CENT 5:00-8:00 B/S – Alyssa G – Jana	11 CENT 4:00-7:00 OPEN - Alyssa	12 CENT 4:00-7:00 G/B off ice with Amanda	13
14 CENT 12:00-7:00 B Jump Alyssa	15 HRM 4 Pad 4:00-8:30	16 HRM 4 Pad 4:00-8:30 S/G Dance with Yana	17 CENT 5:00-8:00 B/S – Alyssa G – Jana	18 CENT 4:00-7:00 OPEN - Amanda	19 CENT 4:00-7:00 G/B off ice with Amanda	20
21 CENT 12:00-7:00 B Jump Alyssa	22 NO ICE VICTORIA DAY	23 HRM 4 Pad 4:00-8:30 S/G Dance with Yana	24 CENT 5:00-8:00 B/S – Alyssa G – Jana	25 CENT 4:00-7:00 OPEN - Alyssa	26 CENT 4:00-7:00 G/B off ice with Amanda	27
28 CENT 12:00-7:00 G/S Tech Specialist Jillian B Jump Alyssa	29 HRM 4 Pad 4:00-8:30	30 HRM 4 Pad 4:00-8:30 S/G Dance with Yana	31 CENT 5:00-8:00 B/S – Alyssa G – Jana			

JUNE



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SUN

MON

TUE

WED

THU

FRI

SAT

01

CENT
4:00-7:00
OPEN - Amanda

02

HRM 4Pad
4:30-7:30
**Later Start time
G/B off ice with
Amanda

03

04

HRM 4 pad
12:00-7:00
B Jump Alyssa

05

HRM 4 Pad
4:00-8:30
4:00-7:30
Adjusted
Schedule
- to come

06

HRM 4 Pad
4:00-8:30
S/G Dance with
Yana

07

CENT
5:00-8:00
B/S - Alyssa
G - Jana

08

CENT
4:00-7:00
OPEN - Alyssa

09

HRM 4Pad
4:30-7:30
SPECIAL
GUESTS
Meahan and
Bruno
G/B Off ice with
Meagan

10

HRM 4 pad
10am-2pm
Meagan and
Bruno Seminar
BANQUET
5:30
Atlantica Hotel

11

HRM 4 pad
12:00-7:00
SPECIAL
GUESTS
Meagan and
Bruno
CanSkate -
Skate with an
Olympian
B Jump Alyssa

12

HRM 4 Pad
4:00-8:30
4:00-7:30
Adjusted
Schedule
- to come

13

HRM 4 Pad
4:00-8:30
S/G Dance with
Yana

14

HRM 4 Pad
5:00-8:00
B/S - Alyssa
G - ??

15

HRM 4 Pad
4:30-8:30
Assessment
Day
No Regular
sessions

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

July 1

02

03

04

05

06

07

08

Start of
SUMMER 2023
HRM 4pad